

The Institutes for the Achievement of Human Potential®

WHAT TO DO
ABOUT YOUR
BRAIN-INJURED
CHILD:

*A Booklist
for Parents of
Brain-Injured Children
and Families of
Brain-Injured Adults*

Periodically one hundred people will arrive at The Institutes for the Achievement of Human Potential in Philadelphia for one week.

They will have nothing in common except that all are the parents of brain-injured children. They will be mothers and fathers who have in common the refusal to believe that their hurt child cannot be helped.

If it is a typical group, the families will come from the four corners of the Americas and from Europe, Africa, Asia, Australia, or the Middle East. In short, from everywhere on earth. The children will range in age from one year to nineteen years. There may be one young person or adult in the group.

Some will be so paralyzed that they are barely able to breathe. Some will be so mildly injured that they appear to the eye to be totally well.

Some of the kids will be paralyzed from head to toe. Some will be blind as a bat. Some will be deaf as a post. Some will suffer from recurring violent convulsions. Some will be unable to talk or even make sounds. Some will have all of these problems.

They will come with recorded I.Q.'s of 90, 80, 70, 60, 50, 40, 30, 20, 10, or 0. Most of them will be said to have unmeasurable I.Q.'s.

They will arrive having been diagnosed as brain-damaged, mentally retarded, mentally deficient, cerebral-palsied, Down syndrome, spastic, emotionally disturbed, flaccid, epileptic, quadriplegic, autistic, psychotic, hemiplegic, rigid, etc.

Almost every one of them, on the basis of lengthy and sophisticated examination, we will diagnose as brain-injured, meaning that the problems are not problems of weak arms or legs, or poor musculature, or malformed organs of speech, or defective eyes as much of the world has believed.

Instead we will conclude that his problems originated within the brain out of some accident which occurred before, during, or after birth and that either interfered with the brain's ability to take in information or with the brain's ability to respond to it.

The great majority of children will do better than their parents had dared hope on the basis of prior experience with the conventional methods. With others there will be disappointment.

The results, therefore, will range from total success to total failure.

It is not surprising that children sometimes fail in a world where most professionals were taught in school that hurt brains are beyond mending. Instead, it is surprising that anyone gets well. To many it would seem miraculous.

And who is it who has accomplished such miracles, if miracles they be, in this new millennium? It is the parents who have done so, and at home. Parents—those commonly ignored, sometimes despised, frequently patronized, almost never believed people—will have done at home all of the treatment which brought a child from despair to hope, from paralysis to walking, from blindness to reading, from an I.Q. of 70 to an I.Q. of 140, from dumbness to speech.

Parents.

WHAT TO DO ABOUT YOUR BRAIN-INJURED CHILD

Or Your Brain-damaged, Mentally Retarded, Mentally Deficient, Cerebral-palsied, Epileptic, Autistic, Athetoid, Hyperactive, Attention Deficit Disordered, Developmentally Delayed, Down's Child
by Glenn Doman

In this landmark book, Glenn Doman—pioneer in the treatment of brain-injured children—brings real hope to thousands of children who have been given up for lost and sentenced to a life of institutional confinement.

Doman documents The Institutes fifty-year success with the brain-injured, citing statistics and case histories, and illustrating the basic principles of brain development with charts, diagrams, and drawings.

He explains why the old theories and techniques failed, explains The Institutes philosophy and revolutionary treatment of the brain rather than the body, recounts his staff's worldwide research, their breakthroughs and setbacks, and their tireless efforts to refine the treatment of brain injury. He reveals their lifesaving techniques and their tools to measure—and ultimately improve—mobility, language, manual, visual, auditory, and tactile development, including unique methods of patterning, masking and motivation, in addition to The Institutes individualized home program in which parents, and love, are the vital ingredients. All of this is so that the brain-injured child can one day live with his peers, not in an institution.

“This book is the first book in history, to my knowledge, which tells how to treat brain-injured children, why to treat brain-injured children, and most precisely what happened to a group of brain-injured children when they were so treated.” —Raymundo Veras, M.D.

Hardcover: with color, black-and-white illustrations
xv + 318 pages

WHAT TO DO ABOUT YOUR BRAIN-INJURED CHILD is available in the following languages: English, Chinese, Hebrew, Malaysian, Spanish, French, Italian, and Japanese.

“The true and touching story of the efforts of an obviously highly educated group of workers who believe thoroughly in what they are doing and (who) have unquestionably helped many children and their families.”

—Louis B. Ames
The Gesell Institute for Child Development

HOW SMART IS YOUR BABY?

An Essential Guide to Measuring and Enriching Your Baby's First Year of Life
by Glenn Doman and Janet Doman

This book is about the potential of the newborn baby and the vital role that parents play in developing that potential. Parents track all of the critical stages of their baby with a clear and concise Developmental Profile. The Profile determines the baby's strengths, and helps parents to recognize where additional stimulation and opportunity are needed. They guide parents in creating an effective and balanced daily program for physical and intellectual growth that enhances and enriches brain development.

When parents understand how their child develops, they can become the best teachers their babies will ever have. This joyous program brings parents and babies closer together, establishing a life-long bond of learning and love.

Hardcover: with illustrations and photos xiv + 266 page

YOUR SMART BABY'S NEWBORN PROGRAM
The Essential Program for Measuring and Enriching Your Baby's First Year of Life
by Glenn Doman and Janet Doman

This program, designed for use with the book *How Smart Is Your Baby?*, contains the materials you need to develop and nurture your newborn's full potential. It contains essential materials needed for enriching your baby's first year of life, including:

- 2 black-and-white checkerboard posters
- 2 checkerboard posters with color detail
- 5 face cards
- 10 dot cards
- 10 color fruit cards
- 22 red word cards
- 21 outline cards
- 21 detail cards
- 10 black word cards

CHILDREN OF DREAMS, CHILDREN OF HOPE
by Raymundo Veras, M.D., with David Melton

“What shall we call them? Why don't we call them *children*? It's a more scientific diagnosis than *mongoloid*. I hope we soon learn not to use terms such as *mentally retarded*, *cerebral palsy*, *Down Syndrome*, and *mongoloid*. If we continue using these wastebasket terms, it will be difficult to dispose of past misconceptions and ignorance. I am convinced that these labels describe symptoms and not causes. The cause of these ill-defined conditions is brain injury.”

—Raymundo Veras, M.D.

With a simple, straightforward approach, Dr. Veras tells of events that dramatically changed his life and challenged him to initiate therapies for children with “Down Syndrome”. Sorting myths from legends and fact from fiction, he examines the causes and effects of the preconceived ideas and mistaken views of these children and projects new insights into the subject.

Hardcover

244 pages

THE INSTITUTES® DEVELOPMENTAL PROFILE

The Institutes Developmental Profile™ is a delineation of the significant stages of child brain development through which normal children pass as they progress from birth to the achievement of sophisticated functions unique to man at six years of age, as this is reflected in progressive brain development.

In the past, it has been believed that this progression is a predestined and unalterable fact as a result of predetermined genetic inheritance superimposed upon a rigid schedule of time and sequence.

The work of the staff of The Institutes from 1940 to the present time has shown this to be untrue and that the order in which the significant stages take place is a function of brain development as successively higher brain stages are brought into play. The time schedule is highly variable and depends not upon predetermined genetic factors but rather upon the frequency, intensity, and duration of the stimuli provided to the brain by the child’s environment which is notably—and most often—his family.

We feel that the goal of dealing with children must be to take each child through these stages of normal development in their normal order and with the greatest possible speed consistent with perfection. This Developmental Profile represents that progression against which we measure his progress.

Developmental Chart 8 1/2” x 24”, Full Color

THE IN-REPORT

The Journal of The Institutes for the Achievement of Human Potential

With regular subscribers throughout fifty states, Canada, Latin America, Europe, Africa, and Asia, The IN-REPORT serves to record and publish the incredible victories of hurt kids, the tremendous accomplishments of the graduates and well kids, and to keep parents everywhere in touch on a timely basis with all the exciting new programs, books, materials, events, and people connected with the work of The Institutes. Published three times a year, this journal is one of the best possible ways to learn about the progress being made in the world of kids and parents and The Institutes for the Achievement of Human Potential. Regular reports, special features, staff biographies, and columns by staff members provide enjoyable reading and invaluable information.

Available by subscription.

Reports *results* of hurt kids under treatment.

A BILL OF PARTICULARS ON SEIZURES AND ON DISCONTINUING ANTICONSULSANT DRUGS

by Edward B. LeWinn, M.D.

This publication presents the fallacies and hazards inherent in the use of anticonvulsant drugs and their lack of sufficient effectiveness to warrant this practice. Developmental and environmental alternatives to drug therapy, which are the basis for prevention and treatment of seizures at The Institutes for the Achievement of Human Potential, are outlined. (Also includes *Temple Fay, M. D., Revisited: The Other Side of a Fit*, by Glenn Doman, Edward B. LeWinn, and Roselise Wilkinson.)

17 pages

THE FIVE PRINCIPLES OF HUMAN DEVELOPMENT THROUGH ORGANIZATION OF THE BRAIN

by Glenn Doman and The Staff of The Institutes for the Achievement of Human Potential

There are five principles of non-surgical treatment of brain injury. These principles are based on the fact that the function of the brain is to relate the organism to its environment. Twenty-six treatment procedures are described in utilizing these five principles.

16 pages

HUMAN NEUROLOGICAL ORGANIZATION
by Edward B. LeWinn, M.D.

An instructive and rewarding treatise written with clarity and directness by a highly respected clinician, researcher, and educator. It is recommended for professionals and for parents.

A medical text 244 pages

BRAIN-INJURED CHILDREN
by Evan Thomas, M.D.

A leading physician proposes new perspectives in functional approaches in diagnosing and treating children with non-progressive brain injury. It is of great value to both professionals and parents.

A medical text 170 pages

DORAN
*How A Mother's Love and a Child's Spirit
Made a Medical Miracle*
By Linda Scotson

"Inspired and encouraged by Glenn Doman, one of the founders of The Institutes, Linda Scotson and her son embarked on a collaborative enterprise of energetic patterning, the purpose of which was to regear the relationship between sensory input and motor output so that Doran could effectively realize the aborted initiatives of his otherwise intact will.

"Orthodox neurologists have often expressed serious doubt about the scientific rationale of this program; nevertheless, as is often the case with unorthodox procedures, the positive results are sometimes so impressive that it would be pigheaded and narrow-minded to overlook them simply because the theory that proves them is scientifically controversial.

"In Doran's case, his life has been literally remade as a result of the efforts that have been spent on and with him: and whatever one's scientific opinion might be, one would have to be mean-spirited and inert not to be moved and inspired by the progress that this child has undoubtedly made."
—Jonathan Miller, M.D.

Doran is a true story, as rich in love as it is in inspiration. It is a story of how a mother's courage, a child's spirit, and a community's goodness made a medical miracle.

Linda Scotson's son was born shortly after her husband's tragic death. She had looked forward to having the baby, hoping new life would soften her grief. But when the child arrived, a whole new ordeal began, for Doran was brain-injured. This calamity was to take Linda from a quaint English village to the halls of a daring Philadelphia treatment center—through a time of tremendous trial, during which Doran had to learn to crawl, to walk, to run, read, write, and talk.

Hardcover 255 pages

**TODD—THE STORY OF
A BRAIN-INJURED CHILD**
By David Melton

Todd is a book by a father about his son. It is at once a mystery story, a story of war against brain injury, and a gentle love story full of compassion, humor, and most of all, courage. It is the best kind of story—a real one—with a real-life mom and dad, daughter, and son, who have a monumental problem to solve—brain injury.

As do wonderfully strong, courageous families everywhere, they share the fears, the joy, the tears, the anger and frustration, the laughter, the failures and, of course, the small victories which every day bring them closer together, and closer to making Todd well.

When Todd Melton was born, his parents sensed that he was not normal. Nancy Melton's desperate conviction that something was very wrong with her child and her attempts to convince the professional establishment of it were met with only casual reassurance and jokes about worried mothers. But it soon became apparent to all that something was badly amiss. The older Todd got, the greater the gap between himself and his chronological peers became. Todd was slowly being eliminated as a functioning member of society in a demanding, uncompromising world. His was now a world of "special" education and continually discouraging medical reports.

The Meltons then heard of The Institutes for the Achievement of Human Potential and Glenn Doman and there they found more than hope—they found a program that worked.

In this edition of *Todd* (updated from the original Prentice-Hall and Dell Publishing editions), the reader learns of Todd's later life as well. It is a story well worth the reading, even over again, for it is told beautifully and simply and ever so gently.

Hardcover; Revised and updated (1984) 173 pages

HOW TO TEACH YOUR BABY TO READ

40th Anniversary

by Glenn Doman and Janet Doman

This is the classic book that for more than forty years has brought mothers and babies closer together. Reading, say the authors, is not a subject like geography, but a brain function like seeing and hearing. They show clearly, and illustrate with fascinating case histories, just how easy it is to teach a young child to read—and what a great benefit early reading is to both the child and his parents.

Millions of parents have read this book and discovered that the greatest joy in their lives was teaching their babies and giving them the gift of literacy.

“ Little children have begun to read and thus to increase their knowledge, and if this book leads to only one child reading sooner and better, then it will have been worth the effort. Who can say what another superior child will mean to the world? Who is to say what, in the end, will be the sum total of good for man as a result of this quiet groundswell which has already begun, this gentle revolution.” —Glenn Doman, *How To Teach Your Baby To Read*

Hardcover: with illustrations xxiv + 262 pages

HOW TO TEACH YOUR BABY TO READ™ DVD 72 minutes

Glenn Doman, Janet Doman, and Susan Aisen step out of the classroom to teach parents everywhere the “why’s” and “how-to’s” of teaching their babies to read. Featured aspects include how to begin, how to develop and expand the program, how to organize your materials, and how to develop more fully your child’s potential. Delightful demonstrations by parents and children, full of love and fun and good teaching, show what a sheer joy teaching and learning can be! A wonderful reference for years to come.

The Glenn Doman® **HOW TO TEACH YOUR BABY TO READ™ KIT**

For parents who have already purchased or obtained a copy of the *How To Teach Your Baby To Read* book, this kit contains large reading word cards (75 single word cards, 27 couplet cards, 13 phrase cards, 5 sentence cards) all leading up to your child’s first book, *Enough, Inigo, Enough*, a full-color, high-quality, hardbound book—plus a handsome Certificate of Achievement to award the day your baby reads his first book!

The Glenn Doman **HOW TO TEACH YOUR BABY TO READ CLASSIC KIT**

This is what you and your baby need to get started right away. Used successfully by mothers, fathers, and grandparents the world over to teach their babies to read. Contains the revised and updated 40th anniversary softcover edition of the book and the kit described above.

The Glenn Doman **HOW TO TEACH YOUR BABY TO READ DELUXE KIT**

The Deluxe Kit contains the 120 word cards, your child’s first book and Certificate of Achievement, the 40th anniversary softcover edition of *How To Teach Your Baby To Read*, and the 72-minute DVD.

The Glenn Doman **SUPER DELUXE KIT** contains everything included in the Deluxe Kit, plus the *How To Teach Your Baby To Read* audio lectures recorded live during the *How To Multiply Your Baby’s Intelligence* Course (CD format).

BOOKS FOR BEGINNING READERS

ENOUGH, INIGO, ENOUGH by Janet Doman, illustrated by Michael Armentrout

Enough, Inigo, Enough is the result of the broad experience of the entire Institutes staff in teaching mothers and children and is intended to be used and enjoyed as part of the reading program outlined in *How To Teach Your Baby To Read* and *How To Multiply Your Baby’s Intelligence*.

This book is the first book in the Life and Times of Inigo McKenzie Series™. In this series the young upstart, Inigo, tells us of his life and adventures and gives us his rather tart view of the world.

The book contains extra-large print (1/2 inch) so that it can be read easily by very young readers. The total vocabulary of the book is 122 words.

Hardcover: with full-color illustrations 58 pages

FIT BABY, SMART BABY, YOUR BABY

by Glenn Doman, Douglas Doman, and Bruce Hagy

The authors propose that we may have been wasting our children's most important years by refusing to allow them to physically explore their world and thus improve their overall mobility development at a time when it is easiest for them to do so. What's more, the baby's early mobility development affects intellectual and social development later on.

The early development of mobility in the newborn baby is a vital part of his future ability to learn and grow to his full potential. The authors show clearly each stage of mobility and how to create an environment that will help the baby to achieve each stage more easily. Full-color charts, photographs, illustrations, and precise, easy, detailed instructions help parents to create their own home program.

Glenn Doman's long and careful study of growing children has given us dramatic evidence that we have underestimated what children can do and learn while having fun.

Indeed, as this inspiring book shows, the team of mother, father, and baby exploring and discovering together the joys of human mobility—from the simple but vital stage of crawling to the beginnings of the sophisticated skills of the gymnast—is the most important athletic team the baby will ever be on.

“The right to be physically superb is a birthright.”

—Glenn Doman, *How To Teach Your Baby To Be Physically Superb*

Hardcover: full-color photos and illustrations
xv + 288 pages

HOW TO TEACH YOUR BABY

TO BE PHYSICALLY SUPERB™ DVD

85 minutes

Glenn Doman and Douglas Doman teach parents how they can enhance their children's mobility development, and in doing so their intellectual and social development as well. It clearly shows parents how to create optimal mobility environments for their babies, and how to encourage their children to progress from one mobility level to another. The result is not only great fun for the family, but physical excellence and neurological health as well. Includes testimonials from mothers who have used this physical development program with their children.

**HOW TO MULTIPLY
YOUR BABY'S INTELLIGENCE®**
by Glenn Doman and Janet Doman

This comprehensive book brings together more than thirty years of work in the area of teaching parents how to teach their very young children at home.

The authors explode the myths regarding intellectual development, showing that mothers are the world's best teachers and that very young children can learn virtually anything that can be taught to them in an honest, factual, and loving way. The book explores:

- The relationship of heredity and environment to learning and potential
- What I. Q. really means
- Motivation and testing
- How babies learn
- How to teach joyously

The book encompasses reading, mathematics, and encyclopedic knowledge and gives clear and simple guidelines for how to begin a program in each of these areas.

The authors emphasize throughout that the process is a joyous one. Indeed, as this wonderful book demonstrates, learning to read, to do mathematics, or gain knowledge of any subject is not a chore for either the mother or the child. It is a source of fun, enjoyment, achievement, and pride.

“For the last quarter of a century we've not only been raising kids' intelligence by remarkable amounts, but both we and the parents have known precisely what we've been up to. We're pragmatic people, we and the parents (who are much more influenced by what actually happens when you raise a child's intelligence than by anyone's theories, including our own).” —Glenn Doman

Hardcover: with illustrations 385 pages

The Glenn Doman®
**HOW TO MULTIPLY YOUR BABY'S
INTELLIGENCE™ KIT**

This kit is perfect for the mother who already has the book and wants to get started on reading, math, and encyclopedic knowledge but can only afford one kit, not three. It contains thirty single reading words, Dot Cards 1 to 30 and four categories of Bit of Intelligence® cards with ten cards in each category

The Glenn Doman
**HOW TO MULTIPLY YOUR BABY'S
INTELLIGENCE CLASSIC KIT**

This kit is a superb gift for an expectant friend or relative. It gives mother the same start in reading, mathematics, and encyclopedic knowledge as the regular kit and includes the revised and updated softcover edition of *How To Multiply Your Baby's Intelligence*.

**HOW TO GIVE YOUR BABY
ENCYCLOPEDIA KNOWLEDGE**
by Glenn Doman, Janet Doman and Susan Aisen

Wouldn't you like your two-year-old to recognize the insects he sees in the garden? Know the countries of the world in which he lives? Discover the beauty of a painting by Van Gogh?

Written for parents, this exciting book presents a revolutionary idea: that children are far more intelligent than we had dreamed. In fact, we have been wasting our children's most important years by refusing to allow them to learn everything they can at a time when it is easiest for them to absorb new information.

Learning and absorbing information, say the authors, is a brain function. Very young children can absorb information without effort, and find enormous pleasure in so doing. The authors show clearly just how easy it is to teach a young child and what a great benefit early learning is to both the child and his mother and father.

Glenn Doman, and co-authors Janet Doman and Susan Aisen, present a step-by-step program that enables parents to create a joyous and productive learning environment at home.

“The purpose of giving a child encyclopedic knowledge is not to make Nobel Prize winners or concert violinists, or Olympic stars or geniuses of any sort. It is to give them unlimited options in life. So few of us have had unlimited options. The purpose of giving a child every possible opportunity is to give him unlimited horizons, to open all possible doors. It is so he can choose what he is to be, from an endless list of possibilities.” —Glenn Doman, *How To Give Your Baby Encyclopedic Knowledge*

Hardcover: with illustrations 302 pages

**ABOUT THE
ENCYCLOPEDIA KNOWLEDGE
PROGRAM AND MATERIALS**

THE PURPOSE of this program is to teach parents how to teach their children anything and everything and to provide parents with the highest quality materials possible with which to do it. These top-quality materials are an important ingredient in making learning a joyous process and in making teaching easy and fun for mother and father.

The Encyclopedic Knowledge Program gives parents the tools they need to organize and expand what they are teaching. Parent and child will achieve the maximum amount of pleasure and joy of accomplishment with the minimum expenditure of time.

The Encyclopedic Knowledge Program gives the child:

- A life-long love of learning
- A respect for knowledge for its own sake
- A broader and richer vocabulary
- Enhanced language development
- Increased sensitivity to and awareness of his environment
- A wealth of information on which he can build for the rest of his life
- The ability to use information to solve problems
- The ability to relate one area of knowledge to another area of knowledge and draw conclusions
- An enthusiasm for teaching others

**WHAT IS A
BIT OF INTELLIGENCE® CARD?**

“A *Bit of Intelligence* is one bit of information. A *Bit of Intelligence* is made using a very accurate drawing or illustration or excellent quality photograph. It has certain very important characteristics. It must be precise, discrete, unambiguous, and new. It must also be clear and large.”
—Glenn Doman, *How To Give Your Baby Encyclopedic Knowledge*

The Glenn Doman
*HOW TO GIVE YOUR BABY
ENCYCLOPEDIA KNOWLEDGE™ KIT*

For parents who have already purchased or obtained a copy of the book *How To Give Your Baby Encyclopedic Knowledge*, this kit contains five categories of Bit of Intelligence cards to get you started. There are ten cards in each category. Fifty beautiful cards in all, with ten facts on the back of each one.

The Glenn Doman
*HOW TO GIVE YOUR BABY
ENCYCLOPEDIA KNOWLEDGE
CLASSIC KIT*

This is what you and your baby need to get started right away. Used successfully by parents and grandparents to increase their babies’ understanding of the world around them. Contains the softcover edition of the book and five categories of Bit of Intelligence cards, as described above.

The Glenn Doman
*HOW TO GIVE YOUR BABY
ENCYCLOPEDIA KNOWLEDGE
DELUXE KIT*

The Deluxe Kit contains five categories of Bit of Intelligence cards *plus* the softcover book and the 60-minute DVD.

*HOW TO GIVE YOUR BABY
ENCYCLOPEDIA KNOWLEDGE DVD*
60 minutes

Mothers come from all over the world to The Institutes for the Achievement of Human Potential in Philadelphia to learn how to teach their babies.

Now Glenn Doman, Janet Doman, and Susan Aisen teach mothers and fathers in their own homes how children learn and the best methods for enriching their learning environment, how to begin, how to develop and expand the program, how to organize your materials, and how to develop more fully your child’s potential. Included also are mothers and children who demonstrate how easy it is to learn joyously together. This inspiring video program will be watched again and again as your child grows and develops.

HOW TO TEACH YOUR BABY MATH

by Glenn Doman and Janet Doman

When *How To Teach Your Baby To Read* sold over a million copies, a high percentage of the parents who had successfully taught their children to read asked Glenn Doman, “How do I teach my baby math?”

It took ten long years to discover the answer. This book provides parents with a simple and clear daily program for teaching small children mathematics while simultaneously enriching their mutual love and respect.

Mathematics, say the authors, is not a subject like geography but a way of thinking and reasoning. They show clearly just how easy it is to teach a young child the reality of quantity and the simple truth behind the symbols we use in mathematics.

The authors emphasize throughout that the process is a joyous one. Indeed, as this exciting book shows, teaching babies mathematics opens yet another marvelous path on the long road to ultimate maturity.

Hardcover

228 pages

HOW TO TEACH YOUR BABY MATH™ DVD

55 minutes

Glenn Doman, Janet Doman, and Susan Aisen instruct parents in the basic principles behind teaching a tiny child mathematics. Everything you need to begin is covered here, including how to begin, how to develop and expand the program, how to organize your materials, and how to develop your child’s natural enthusiasm for mathematics. Delightful demonstrations by mothers and children show that good teaching and a good time go hand-in-hand. This is video program that you will view again and again.

The Glenn Doman

HOW TO TEACH YOUR BABY MATH KIT

This kit is designed for those who already have the revised and updated book *How To Teach Your Baby Math* and wish to have the quantity recognition materials to begin their program. The kit contains Dot Cards 0 to 100 on 11” by 11” sturdy poster board. This revised and updated kit provides mother with equations on the back of each card, which saves precious time and energy and allows mother more time to be teaching and less time spent at a calculator.

The Glenn Doman

HOW TO TEACH YOUR BABY MATH CLASSIC KIT

This kit is what you and your baby need to get started right away. It contains the revised and updated softcover edition of *How To Teach Your Baby Math* and the 101 Dot Cards described above.

The DELUXE KIT contains the revised, updated softcover book, the 101 Dot Cards, *plus* the 55-minute DVD.

HOW TO TEACH YOUR BABY TO SWIM

by Douglas Doman

Teaching an infant or toddler to swim is not only a matter of safety, but also a great way to stimulate the child's physical coordination, concentration, and intelligence. That's right. By teaching your baby the proper swimming techniques, you can actually enhance his or her learning ability, as well as making your child happier, healthier, and more self-confident. Based on the revolutionary learning principles developed at The Institutes for the Achievement of Human Potential, *How To Teach Your Baby To Swim* is a clear and easy-to-follow guide to teaching your child swimming basics.

With more than 160 photographs, this book presents detailed instructions on all the core skills necessary to swim properly, including breath control, kicking, and submersion. All of these skills come together as you teach your baby to dive, float, and swim—both on and under the water. The book also offers illustrated exercises for you and your child to follow and enjoy.

Hardcover: with photos

viii + 120 pages

WATERPROOF SWIMMING PROGRAM CHECKLISTS

The book *How To Teach Your Baby To Swim* contains seven checklists. Each checklist summarizes the contents of the chapter and a specific swimming program. These checklists have been made into convenient-size plastic cards and are attached to a comfortable wristband that parents can wear in the water. Parents can use the card to remember all the activities for each swimming session. A Water Safety and Hygiene checklist is included.

INSIGHT FROM FRIENDS OF THE INSTITUTES

ADVENTURES WITH THE MISSING LINK

by Raymond Dart, M.D.

One of the world's foremost anthropologists (and a valued member of The Institutes staff) tells of his discovery of *Australopithecus*, the "missing link" between ape and man. When first published, his observations aroused a storm of protest in scientific circles. Written with warmth and humor, this book makes fascinating reading.

250 pages

ON NUTRITION

IN FITNESS AND IN HEALTH: THE NO-NONSENSE GUIDE TO DIET, EXERCISE AND DISEASE PREVENTION

by Dr. Philip Maffetone

Written by a recognized expert on health, nutrition, and human performance, this book provides information to guide any person to improve his health and excel in all areas of life, including work, family, leisure and sports. It provides the tools to help the reader find and maintain balance when it comes to diet, exercise, disease prevention, and self-health management.

305 pages

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*For more information about our programs
for brain-injured children and brain-injured adults
and their families,
please contact:*

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